

EMERGENCY KIT

Make a Kit

Preparing an emergency kit in advance can save precious time if you must evacuate or seek shelter. Put the following items in a sturdy, easy-to-carry container such as a backpack or suitcase with wheels. Keep your kit in an easily accessible place.

Add the following to your kit:

At least a three-day supply of water (one gallon per person per day). Store in sealed, unbreakable containers.

A three-to five-day supply of non-perishable canned food, and a non-electric can opener

Battery operated or hand crank flashlight

Battery-powered or hand crank radio

Extra batteries

Wrench and/or pliers to turn off utilities

Whistle to signal for help

First aid kit

Prescription medications for at least one week

List of family physicians, important medical information, and the style and serial number of medical devices, such as pacemakers

Cell phone charger

Extra set of eyeglasses, or contact lenses and solution

Rain gear, sturdy shoes, and a change of clothing

Blankets, bedding, and/or sleeping bags

Identification, credit cards, cash

Photocopies of important family documents including bank and home insurance information

Extra set of car and house keys

Local maps

N95 dust masks to help filter contaminated air

Plastic sheeting, duct tape, and scissors to shelter in place

Tools: screwdrivers, waterproof matches, a fire extinguisher, flares, plastic storage containers, needle and thread, pen and paper, a compass, garbage bags, moist towelettes, and regular household bleach.

Special items for seniors, family members with disabilities, infants and young children.

Change batteries in all your equipment at least once a year. An easy way to remember is to do it when you turn your clocks back in the fall.

Special Items for Infants

Formula, bottled water, bottles, nipples

Jars of baby food and baby spoons

Diapers and diaper rash ointment

Medications

Moist towelettes and hand sanitizer

Blankets, pacifiers, and layers of clothing

Sunhat in warm months, warm hat in cool months

Several small, lightweight toys